

Royal Borough of Kingston upon Thames

Green Lane Primary and Nursery School



## Physical Education and Games Curriculum Policy

### **WHAT IS PE & GAMES?**

Physical education concerns the development of pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skills, physical development and knowledge of the body in action. Physical education provides opportunities for pupils to be creative, competitive and to face up to different challenges as individuals and in groups and teams. It promotes positive attitudes towards active and healthy lifestyles. Pupils learn how to think in different ways to suit a wide variety of creative, competitive and challenging activities. They learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process pupils discover their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity.

### **IMPLEMENTATION OF THE POLICY.**

It is the responsibility of all teaching staff to implement the agreed Curriculum Policy for PE & GAMES. The implementation will be monitored and evaluated by the Curriculum Co-ordinator, The Senior Management Team and the Headteacher. The Governing Body will monitor the implementation of PE & GAMES as part of the whole school curriculum

### **AIMS.**

Our aims at Green Lane Primary School for PE & GAMES are:

- Develop competence to excel in a broad range of physical activity
- Children to be physically active for a sustained period of time
- Children to engage in competitive sport and activities
- Children to lead healthy and active lives

### **OBJECTIVES.**

Our objectives for the next three years are:

- To maintain swimming throughout the school from Year 3 to Year 5
- Maintain links with outside sports agencies, e.g. Fulham Football Club, Chelsea Ladies Football, Payball, New Malden Tennis and parent led running club.
- Maintain links with Kingston Schools Sport Partnership (KSSP)
- Increase and maintain resources to provide for a range of competitive games i.e. cricket, rugby
- Emphasise working together as a team, while maintaining positive values towards others' achievements.
- Achieve more top ten finishes in a variety of sporting competitions at Borough competitions.

Ensure that all pupils are encouraged to participate equally in all forms of P.E. and games with the same positive approach

### **STRATEGIES FOR THE TEACHING AND LEARNING OF PE & GAMES**

- The PE & GAMES curriculum is organised into a programme of activities as required by the statutory documentation.
- Specialist teaching is used, i.e. football coaching, swimming, etc. when available, or when the safety demands on the teaching requires a fully qualified coach.
- Classroom helpers: These are used mainly to accompany pupils to the swimming baths or to support access by pupils with SEN or disabilities.
- Special Needs: Pupils with special educational needs are as fully integrated into the teaching and learning of PE and Games as possible. All pupils are expected to participate fully in the whole range of activities offered.

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PE and GAMES in the National Curriculum is a foundation subject.

**During the Foundation Stage** children are taught Physical Education under the curriculum name 'Physical Development'. Children focus on developing skills in movement, special awareness and gaining understanding of health and body issues. Children have access to our outdoor learning environment daily and are encouraged to develop gross as well as fine motor skills. Apart from the daily sessions on movement, children in the Nursery and Reception classes have a weekly P.E. session in the hall completing activities which involve dance and movement, gymnastics and games.

**During Key Stage 1** pupils build on their natural enthusiasm for movement, using it to explore and learn about their world. They start to work and play with other pupils in pairs and small groups. By watching, listening and experimenting, they develop their skills in movement and co-ordination, and enjoy expressing and testing themselves in a variety of situations. In KS1 pupils should be taught the knowledge, skills and understanding through dance activities, games activities and gymnastic activities.

**During Key Stage 2** pupils enjoy being active and using their creativity and imagination in physical activity. They learn new skills, find out how to use them in different ways, and link them to make actions, phrases and sequences of movement. They enjoy communicating, collaborating and competing. They develop an understanding of how to succeed in different activities and learn how to evaluate and recognise their own success. In KS2 Teaching should ensure that when evaluating and improving performance, connections are made between developing, selecting and applying skills, tactics and compositional ideas, and fitness and health. Pupils should be taught the Knowledge, skills and understanding through Games, Gymnastic activities, Dance, Athletic activities and Outdoor and adventurous activities. Years 3 (24 weeks) and Year 5 receive 12 weeks swimming.

**Equal Opportunities.** It is essential that there is equality of opportunity for all pupils to be able to access the PE & GAMES curriculum irrespective of their ethnicity, gender or disability.

**Health and safety.** Consideration of Health and safety, as well as First Aid in response to accidents, are issues of the utmost importance in PE and Games. All pupils should be made aware of the need to wear appropriate clothing, to manage themselves and support others in the safe use of apparatus.

**Jewellery:** No jewellery whatsoever (including watches) should be worn during PE or Games sessions.

**Earrings:** The only earrings permitted in school are simple studs. The following procedure applies during PE and Games:

**1st** The child should not wear earrings into school on days when his/her class have PE or Games.

**2nd** If wearing earrings, the children must be able to remove earrings themselves for these lessons.

**3rd** The earrings are covered with tape at home before they come to school on these days (the tape may be removed after the lesson).

**4th** As a last resort, the earrings will be taped by a member of staff before these lessons. Lessons should not be delayed or disrupted due to pupils not being dressed appropriately for them.

#### **RECORDING, PROGRESS AND REPORTING IN PE & GAMES**

- Summative assessments. There are no summative assessments in PE and Games aside from the award of certificates.
- Feedback to pupils. This is achieved overall by setting clear targets for each activity, or for the lesson and giving "ongoing verbal assessment" as the children progress through the task.
- Reporting to Families. This takes place twice a year through parent evenings and annually through a written report. Families are informed of the attitude to PE & GAMES, level of achievement and strengths and weaknesses of the child.

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- The coordinator is expected to attend Partnership meetings with the KSSP and cluster groups with Primary Link teachers from local high schools.

**Role of the Co-ordinator**

The role of the PE and Games co-ordinator is to ensure that the school is providing the broad range of skills promoted by the National Curriculum document and that teachers feel confident in teaching these skills. The Co-ordinator will also regularly review resources and equipment and decide whether they conform to the school's Health and Safety standards. Through working closely with outside agencies s/he shall ensure that the techniques and tactics taught are up to date, and shall provide expert tuition wherever needed e.g. in swimming. The Co-ordinator will also monitor teachers' planning and lesson delivery.

PE equipment should be placed correctly back into inside and outside storage units to ensure other staff can use it.