

Green Lane Primary and Nursery School

Menu April 2019-October 2019

Monday Tuesday Wednesday Thursday Friday

Dates week commencing 22nd April - 13th May - 10th June - 1st July - 22nd July - 16th September - 7th October

Option 1	Pork Sausage with Herby Wedges & Gravy	BBQ Beef Burrito	Roast Beef with Gravy & Roast Potatoes	Meat Feast OR Margherita Pizza	Fish Fingers & Baked Wedges
Option 2	Margherita Pizza	Cheese & Onion Puff	Macaroni Cheese	Honey & Ginger Soya Strips with Rice	Cheese & Broccoli Flan
Option 3	Thai Vegetable Noodles	Jacket Potato & Cheese	Jacket Potato & Baked Beans	Nut-free Pesto Pasta	Keema Lamb Penne Pasta
Vegetables	Sweetcorn & Peas	Green Beans & Mixed Salad	Carrots & Broccoli	Roasted Mediterranean Vegetables & Sweetcorn	Peas & Baked Beans
Dessert of the day	Lemon Drizzle Cake	Orange Jelly with Mandarins	Strawberry Frozen Yogurt	Pear & Chocolate Sponge with Vanilla Ice Cream	Pancake & Mixed Berries



Dates week commencing 29th April - 20th May - 17th June - 8th July - 2nd September - 23rd September - 14th October

Option 1	Margherita Pizza	Beef Pasta Bolognese	Roast Chicken Breast with Gravy & Roast Potatoes	BBQ Chicken OR Margherita Pizza	Golden Breaded Fish & Wedges
Option 2	Quorn Sausage in half a Baguette	Cheese & Tomato Pin-wheel	Macaroni Cheese	Vegetable Chow Mein	Quorn Paella
Option 3	Vegetable & Chickpea Jambalaya	Tuna Salad	Jacket Potato & Baked Beans	Salmon & Broccoli Penne Pasta	Jacket Potato & Cheese
Vegetables	Mexican Corn & Green Beans	Vegetable Medley	Carrots & Broccoli	Sweetcorn & Cauliflower	Peas & Baked Beans
Dessert of the day	Peach Upside-down Sponge	Chocolate & Beetroot Brownie	Strawberry Jelly with Peaches	Frozen Toffee Yogurt	Vanilla Ice-cream



Dates week commencing 6th May - 3rd June - 24th June - 15th July - 9th September - 30th September - 21st October

Option 1	Sausage in half a Baguette	BBQ Chicken with Rice	Roast Gammon with Gravy & Roast Potatoes	Spicy Beef or Margherita Pizza	Fish Fingers & Wedges
Option 2	Neapolitan Bean Pasta	Margherita Pizza	Chickpea Tagine with Cous Cous	Macaroni Cheese	Quorn Burger in a Bun
Option 3	Mexican Rice Wrap	Jacket Potato & Cheese	Cheese & Tomato Melt	Jacket Potato & Baked Beans	Chickpea & Vegetable Spicy Rice
Vegetables	Mexican Sweetcorn & Peas	Green Beans & Carrots	White Cabbage & Mixed Vegetable Medley	Sweetcorn & Coleslaw	Peas & Baked Beans
Dessert of the day	Apple Strudel with Vanilla Ice Cream	Ginger & Lemon Cheesecake	Lemon & Courgette Cake	Pineapple Upside Down Cake	Chocolate Crispy Cake



The following are available daily:
 Freshly prepared salad bar containing 4-6 choices
 Organic fresh white & wholemeal crusty bread
 Selection of seasonal fresh fruit and low fat yoghurts - Our Yeo Valley Yoghurts are ORGANIC. We love Yeo because they support BRITISH farmers and local wildlife
 Chilled drinking water

The carbohydrate is incorporated in the whole dish unless otherwise stated



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

