

Green Lane Primary and Nursery School

Menu October 2017-April 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Dates week commencing	30th Oct - 20th Nov - 11th Dec - 8th Jan - 29th Jan - 26th Feb - 19th Mar				
Option 1	Pork Sausage & Gravy with Crushed Potatoes	Beef Chilli Con Carne & Rice	Roast Beef & Gravy with Roast Potatoes	BBQ Chicken Popeye Pizza	Fish Fingers & Baked Wedges
Option 2	Quorn Sausage & Gravy with Crushed Potatoes	Neopolitan Pasta (cheese)	Vegetable & Lentil Loaf & Gravy with Roast Potatoes	Margherita Popeye Pizza	Spicy Bean Burger & Baked Wedges
Option 3	Mozzarella & Tomato Puff Pastry with Crushed Potatoes	Cauliflower Cheese & Crushed New Potatoes	Jacket Potato & Coleslaw	Jacket Potato & Baked Beans	Cream Cheese & Cucumber Baguette
Vegetables	Green Beans Sweetcorn	Broccoli Roasted Vegetables	Roast Parsnips Carrots	Roasted Cauliflower Sweetcorn	Peas Baked Beans
Dessert of the day	Eve's Pudding & Custard	Shortbread	Blueberry Muffin	Peach Sponge & Custard	Fruity Flapjack
Dates week commencing	6th Nov - 27th Nov - 18th Dec - 15th Jan - 5th Feb - 5th Mar - 26th Mar				
Option 1	Chicken & Sweetcorn Pie (mash topping)	Beef Spaghetti Bolognese	Roast Gammon & Gravy with Roast Potatoes	Meat Feast Popeye Pizza	Battered Fish & Baked Wedges
Option 2	Macaroni Cheese	Potato, Red Onion & Cheese Frittata	Vegetable & Lentil Pie with mashed potato topping	Margherita Popeye Pizza	Jacket Potato & Baked Beans
Option 3	Hummus & Cucumber Wrap	Jacket Potato & Cheese	Jacket Potato & Tuna Mayonnaise	Cheese & Bean Burrito	Salmon Wrap with Jacket Wedges Cheese & Bean Burrito
Vegetables	Green Beans Carrots	Minted Peas Sweetcorn	Braised Cabbage Vegetable Medley	Carrots Green Beans	Vegetable Medley Baked Beans
Dessert of the day	Peach Crumble & Custard	Golden Crispy Cake	Strawberry Jelly	Taffee Apple Crumble & Custard	Beetroot Brownie
Dates week commencing	13th Nov - 4th Dec - 1st Jan - 22nd Jan - 19th Feb - 12th Mar				
Option 1	(Pork) Hot Dogs & Baked Wedges	Moroccan Beef & Rice	Roast Chicken & Gravy with Roast Potatoes	Chicken & Sweetcorn Popeye Pizza	Fish Fingers & Baked Wedges
Option 2	Quorn Sausage & Gravy with Mashed Potato	Wholemeal Neopolitan Bean & Lentil Pasta	Butternut Squash & Chickpea Patti with Roast Potatoes	Cheese & Tomato Pasta Bake	Cauliflower & Broccoli Cheese Bake with Baked Wedges
Option 3	Mexican Rice Wrap	Jacket Potato & Cheese	Jacket Potato & Tuna Mayonnaise	Jacket Potato & Baked Beans	Cheese & Onion Pasty with Baked Wedges
Vegetables	Green Beans Carrots	Cauliflower Broccoli	White Cabbage Sweetcorn	Roasted Vegetables	Peas Baked Beans
Dessert of the day	Apple & Berry Sponge with Custard	Apple & Cinnamon Pie with Vanilla Sauce	Frozen Strawberry Yoghurt	Pear & Ginger Sponge with Custard	Parsnip & Marmalade Cake



The following are available daily:
 Freshly prepared salad bar containing 4-6 choices
 Organic fresh white & wholemeal crusty bread
 Selection of seasonal fresh fruit and low fat yoghurts - Our Yeo Valley Yoghurts are ORGANIC. We love Yeo because they support BRITISH farmers and local wildlife
 Chilled drinking water

The carbohydrate is incorporated in the whole dish unless otherwise stated



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

